



NANNY TRAINING



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OUR COMMITMENT

We believe a nanny's job is incredibly important. They are the ones we appoint to help us care for, nurture and raise our children.

We want to support caregivers to have the skills, knowledge and tools needed to raise children in safe, stimulating environments.

By investing in your Nanny or caregiver, you are not only empowering them, but giving your child the best start in life.

HOW IT WORKS

- Each workshop is around a 3- 4 hours.
- Group workshops are P300 per person.
- 1:1 Trainings in your own home start from P600
- Contact us for bespoke training to meet your family's needs

OUR QUALIFICATIONS

Workshops are devised and run by the SensoBaby Team
Caroline Gartland: BA(hons), MSc Mental Health & Psychological Therapy, Infant Mental Health, Play
Cheralize Scholtz: BEd Education, Developmental Play Practitioner, Tummy Time Practitioner





OUR WORKSHOPS



NURTURING CARE

- Based on the International Nurturing Care Framework
- Health & safety
- Bonding & attachment
- Infant care
- Infant development and promoting early play time

PLAY@HOME

- Balancing work and play in the house
- Play ideas for around the home
- Early learning opportunities
- The importance of play
- Playful approaches to discipline

CHILD DEVELOPMENT 1

- How children develop 0-2
- Meeting milestones
- Gross motor and fine motor development
- Emotional and social development
- Cognitive development
- Importance of play

CHILD DEVELOPMENT 2

- How children develop 2-5
- Meeting milestones
- Gross motor and fine motor development
- Emotional and social development
- Cognitive development
- Importance of play

SMALL PEOPLE, BIG EMOTIONS

- Understanding child emotional development
- Evidence based ways to guide behaviour
- Dealing with tears and tantrums
- Building emotional resilience

ADDITIONAL WORKSHOPS

- Family First Aid - by Rescue One P550 per person
- School Readiness
- Play Pack Guidance
- Patterns of Play

